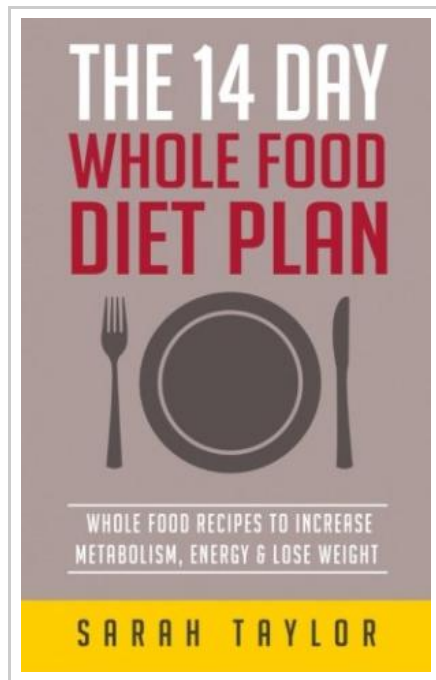




Whole Foods: The Complete Whole Food Fix: The 14 Day Diet Plan: Easy to Make Wh (Paperback)

By Sarah Taylor

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.You re About To Discover A Secret To Losing Weight And Healthy Living Without Spending Countless Hours In A gym! FREE BONUS: Find out info about my favourite diet that has changed my life! For a limited time get this best selling book for FREE! Regularly priced at \$2.99. Read on your PC, Mac, smart phone, tablet or Kindle device. Are You Struggling To Eat Healthy? About 50 of Americans also have this problem, and it s leading to obesity, low self esteem, lack of confidence and health risks. I always hear people say, "I cant lose this extra 10 lbs" or, "I want my body to look better", yet their diet consists of food that you MUST avoid. All these foods are talked about in this book, and are replaced by easy, and delicious recipes. By purchasing this book, you will be well on your way to achieving your health goals and live an awesome life. How would you like to completely transform your life? Your body? Your health? If any of these apply to you...



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