



## The Perfectly-groomed Gentleman

By Robert O'Byrne

CICO Books. Hardback. Book Condition: new. BRAND NEW, The Perfectly-groomed Gentleman, Robert O'Byrne, Everything a gentleman should know about maintaining his appearance. Do you know your exfoliants from your astringents? Are your nails clean and clipped, or frankly a bit of an embarrassment? And when is it acceptable to discuss the benefits of different types of moisturizer with your friends? In a world where men are trying anything from full body waxes to hair weaves, it is sometimes hard to know what is worthwhile and what to avoid. The Perfectly Groomed Gentleman will guide you through all the elements of presentation, from mastering the art of shaving to deciding which cologne (and how much of it) to wear. Packed with tips on improving your appearance and caring for yourself, it ensures that you will always appear effortlessly well groomed.Writing with authority, but also with humour, Robert O'Byrne offers practical advice on everything from teeth to toes, and from diet to tattoos.



## Reviews

Excellent electronic book and helpful one. Better then never, though i am quite late in start reading this one. You wont truly feel monotony at whenever you want of your time (that's what catalogues are for relating to when you question me).

-- Mabelle Dach III

Thorough information! Its such a excellent read. It is really simplistic but unexpected situations within the fifty percent of your pdf. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Johnathon Moore