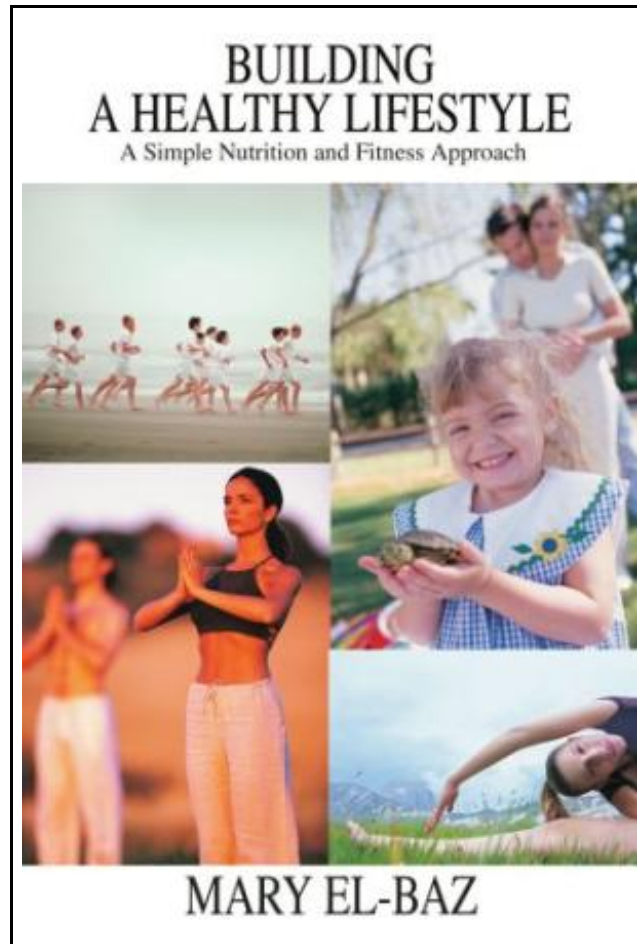


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BUILDING A HEALTHY LIFESTYLE: A SIMPLE NUTRITION AND FITNESS APPROACH (PAPERBACK)



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